

# Fasting

|        |             |                                  |
|--------|-------------|----------------------------------|
| Hebrew | 629<br>2908 | Fast speedily,<br>Hunger fasting |
| Greek  | 777         | Without taking food              |

|                   |                                  |   |
|-------------------|----------------------------------|---|
| Isa-58:<br>1-10   | K/V- 6.                          | <b>“Is this not the fast that I have chosen:</b> To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke? <sup>7</sup> Is it not to share your bread with the hungry, And that you bring to your house the poor who are cast out; When you see the naked, that you cover him, And not hide yourself from your own flesh? <u>(Matt-25:31-46.<sup>35-to-36</sup>)</u> ‘for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; ‘I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.’ |
| Joel-2:<br>15-16  | K/V- 15.                         | Blow the trumpet in Zion, <b>Consecrate a fast</b> , Call a sacred assembly;  |
| Matt-4:<br>1-11   | K/V- 2.                          | <b>And when He had fasted forty days and forty nights</b> , afterward He was hungry. <u>(John-4:4-42.<sup>34</sup>)</u> Jesus said to them, “My food is to do the will of Him who sent Me, and to finish His work. <u>(John-19:30.)</u>   |
| Matt-6:<br>16-18  | K/V- 16.<br>K/V- 17.<br>K/V- 18. | <sup>16</sup> . “Moreover, <b>when you fast, do not be like the hypocrites</b> , with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. <sup>17</sup> . “But you, when you fast, anoint your head and wash your face, <sup>18</sup> . “So that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.  |
| Matt-9:<br>14-15  | K/V- 15.                         | And Jesus said to them, “Can the friends of the bridegroom mourn as long as the bridegroom is with them? <b>But the days will come when the bridegroom will be taken away from them, and then they will fast.</b> <u>(Mk-2:18-20.) (Lk-5:33-35.)</u>  |
| Matt-17:<br>14-21 | K/V- 21.                         | <b>“However this kind does not go out except by prayer and fasting.”</b> <u>(Mk-9:17-29.<sup>29</sup>)</u>  |
| Luke-2:<br>36-38  | K/V- 37.                         | And this woman was a widow of about eighty- four years, who did not depart from the temple, <b>but served God with fasting and prayers night and day.</b>   |
| Acts-13:<br>1-3   | K/V- 2.                          | <b>As they ministered to the Lord and fasted</b> , the Holy Spirit said, “Now separate to Me Barnabas and Saul for the work to which I have called them.”   |
| 1-Cor-7:<br>1-6   | K/V- 5.                          | Do not deprive one another except with consent for a time, <b>that you may give yourselves to fasting and prayers;</b> and come together again so that Satan does not tempt you because of your lack of self-control.   |

Just: Jesus: Ministry.

By: Allan Thomas.